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# BODY AT PEACE SPA MENU

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## **PEACE MASSAGE**

ENTER INTO A STATE OF DEEP RELAXATION AND HEALING WITH A LUXURIOUS CUSTOMIZED FULL BODY MASSAGE. SOOTHE YOUR TIRED MUSCLES WITH GENTLY HEATED OIL AND AROMATHERAPY AND INTEGRATE YOUR BODY INTO DEEPER STATES OF RELAXATION AND HEALING.

## **EXTREME BLISS**

CALM YOUR MIND WITH THIS IMMENSELY RELAXING MASSAGE TO THE EXTREMITIES. WE'LL FOCUS ON THE FACE, SCALP, EARS, AND NECK, RELEASING LAYERS OF MENTAL TENSION, AND END IN A BLISSFUL, GROUNDING MASSAGE TO THE HANDS AND FEET.

## **SOOTHING OATMEAL FACIAL**

BOTH GENTLE AND EFFECTIVE, YOUR SKIN WILL REAP THE REWARDS OF HYDRATING AND ANTIOXIDANT RICH OATMEAL. ALONG WITH A RELAXING AND STRESS-MELTING FACIAL MASSAGE AND ACUPRESSURE, THIS NOURISHING JOURNEY INCLUDES A CUSTOM-MADE FACIAL CLEANSER, GENTLE SCRUB, AND HYDRATING FACE MASK, ALL TOPPED OFF WITH A BLISSFUL FOOT MASSAGE.

## **CORAZÓN MOCHA BODY SCRUB**

CORAZÓN MEANS "HEART" IN SPANISH. YOUR ENTIRE SYSTEM WILL FEEL NOURISHED, RENEWED, AND INVIGORATED LIKE NO OTHER WITH THIS FULL-BODY CHOCOLATE P, SUGAR, AND ORGANIC COFFEE SCRUB. THIS TREATMENT HEALS FROM THE OUTSIDE-IN, WE USE ONLY THE BEST LOCAL, ORGANIC COFFEE GROUNDS AND SOOTHING HEART-CENTERED TECHNIQUES TO REMOVE DEAD SKIN CELLS WHILE REPAIRING YOUR SKIN, REDUCING WRINKLES AND CELLULITE, AND STIMULATING GREATER CIRCULATION.



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## **GLOWING PAPAYA BODY MASK**

SOAK UP EXTREME NOURISHMENT FROM HEAD TO TOE; SOOTHING AND COOLING, THIS SUPERBLY HEALING FRUIT WILL BRING FORTH NEW GLOW AND DEEP HYDRATION TO THE SKIN. WHILE YOUR BODY SOAKS UP THE BENEFITS, RECEIVE A DEEPLY MOISTURIZING AVOCADO HAIR MASK, COMPLETING YOUR JOURNEY OF RICH NOURISHMENT.

## **PADA PURE FOOT REFLEXOLOGY**

THE BEST TREAT YOU CAN GIVE TO YOUR TIRED FEET! START WITH A GENTLE EXFOLIATION TO AWAKEN YOUR FEET BEFORE EXPERIENCING THE DEEP AND EFFECTIVE PRESSURE POINTS OF REFLEXOLOGY. YOUR WHOLE BODY WILL REAP THE BENEFITS, AS REFLEXOLOGY STIMULATES DIGESTION, REDUCES EDEMA AND BLOOD PRESSURE, SOOTHES HEADACHES, AND ELEVATES MOOD. THIS TREATMENT WILL LEAVE YOU FEELING FIRMLY GROUNDED AND RECONNECTED.

## **PRICING**

PRICES DO NOT INCLUDE GRATUITY OR 13% HOTEL TAX

**\$108 - TWO TREATMENTS OF YOUR CHOICE**

TO SCHEDULE YOUR SPA APPOINTMENT, SEE ONE OF OUR TEAM MEMBERS OR FIND THE SPA SIGN UP SHEET ON THE INFORMATION TABLE IN THE DINING AREA (NEAR THE TEA AND COFFEE).